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## 6 divorce advice tips

Going through a divorce can be tough in many ways. Here is some thoughtful advice to help get you through this chapter, and on to a brighter tomorrow.

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### Divorce advice

A divorce can take its toll on everyone involved. As you process the reality of what you and your family are actually going through, you might be left feeling mentally and emotionally drained, and quite alone in your experiences. But the truth is, you're not, and you will get through it. Here are 6 great articles and tips with solid divorce advice to help you get through this difficult time

1. [Surviving divorce at midlife](#) You're going through a divorce and your life is about to change quite dramatically. One woman discusses how a surprise divorce gave her a new path in life.
2. [Reclaim your space after divorce](#) So your ex has moved out – now what? One of the best ways to get through a divorce is to reclaim your own space. Check out our guide to moving your home from "we" to "me".
3. [5 steps to post-divorce happiness](#) Your marriage may be over, but that doesn't mean your life is. Expert tips on how to survive life post-divorce, and how to find your happiness again.
4. [After divorce: Happier, stronger you](#) Identifying herself as a formerly married person didn't work. But as a fabulous single woman...

5. [Home alone: The post-divorce social scene](#) It may not be easy, but it is possible. This article explores ways in which you can rebuild your social life after a divorce.

6. [From dam to glam: Dating after divorce](#) The dating game has never been an easy one. And now that you've been there, done that, and are back again, how do you get back in? You will also find useful tips here to ensure you are putting your children's best interests first.

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**You might also be interested in reading Canadian divorce consultant Deborah Moskovitch's [Midlife divorce advice for women](#). Are children of a divorce really doomed? Check out [Divorce myths debunked](#) to find out. Also, is it possible your [parents are to be blamed for your midlife divorce](#)?**